

One Busy Day!

Dear Teacher,

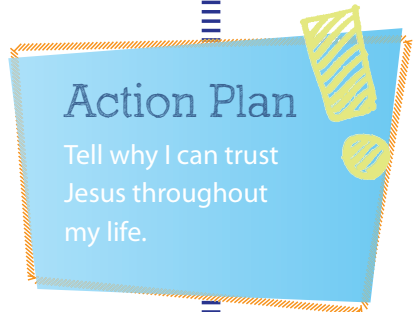
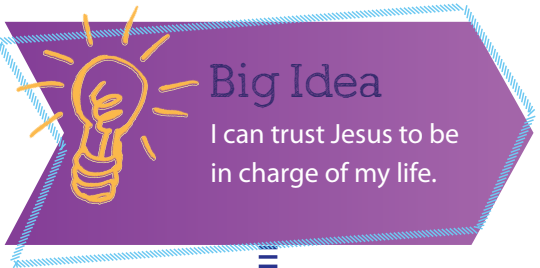
Trusting people or things can be difficult! I have difficulty putting my trust in roller coasters. When I see one speeding down a large dip into a loop, it is hard for me to remember that it is really securely attached to a track. This is similar to my relationship with Christ. I know that I can trust Him, because He loves me; but when I see troubles ahead or I'm not sure where the next turn is going to take me, I sometimes feel afraid.

One thing that always helps me stay on track is the Bible. When I spend time in God's Word, I read the many stories of how God has loved, helped, healed and saved His people. When I read those stories, it reminds me of all the reasons I have to trust and praise Him.



Lisa Pham

Editor



Connecting You to Jesus



The Gospel of Mark is a book of action! Mark presents Jesus as the Servant, emphasizing the way in which Jesus helped others. By showing what Jesus accomplished on Earth and how His coming changed the world, Mark proves that Jesus is the Son of God. When we believe in Jesus and choose to follow Him, He changes our lives, too! Jesus is our Savior and helper.

LESSON MATERIALS

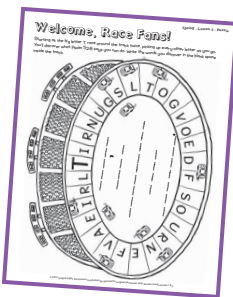


- The basics (see contents)
- Toy police car
- Get Thinking—Action Cards (from CD-ROM), empty plastic bottle
- Story props (see p. 49)
- Materials for Art or Game activity (see pp. 54-55)

Lesson Extras!



1. Help your kids learn the order of books in the Bible by playing Order Up. Use the first eight books of the New Testament for this lesson.



2. Students discover a portion of today's Bible verse by completing "Welcome, Race Fans!" puzzle.

3. Show "Lesson 5: Is That REALLY in the Bible?" on *Creative Clips DVD*. The Bible has some

unusual sounding stories! Today, as always, we are talking about things that REALLY are in God's Word. Jesus really did die and come back to life again on the third day. We really can know Him and put Him in charge of our lives. He really does love us!



Get Thinking



(10-15 minutes)

Welcome students and help them begin to think about today's Big Idea.

Spinning Actions

Cut apart Action Cards and place card stack near bottle. Students stand in a circle around bottle. One student stands in the middle of the circle and spins bottle. When bottle stops spinning, the student that the bottle is pointing to chooses an Action Card and invites everyone to do the action described on the card. Repeat for several rounds with different students taking turns to spin the bottle.



Big Idea

I can trust Jesus to be in charge of my life.

YOU NEED

Action Cards (from CD-ROM), scissors, empty plastic bottle.

Connect:

- **When you spun the bottle, you were the leader of this game. What are some other games that need leaders?** (Follow the Leader, Mother, May I?, etc.)
- **Who are some leaders, or people in charge, whom you trust?** (Parents. Teacher. Police officers. Older sister or brother.)
- **God has given each of us people whom we can trust. Today we'll be finding out what saying that Jesus is our leader means.**



Get God's Word



(15-25 minutes)

One Busy Day!

Tell the following story summary in your own words, asking discussion questions as indicated.

Story Starter

Let's get ready for our story by playing a game. I am going to act out a feeling. Raise your hand when you think you know what feeling I'm demonstrating. Pretend to be sad without making any sound. Students guess the feeling. Repeat with other feelings (excited, shocked, worried, happy, tired, etc.). In today's story we will hear about the different feelings people had when they heard that someone was coming to town. Find His name in Mark 1:21. Help students find Mark 1 in their Bibles. Let's listen and find out what happened.

YOU NEED

Bible for yourself and each student, Lesson 5 Poster, two copies of Story Lines (from CD-ROM), toy police car.

STORYTELLING IDEA



Print out two copies of Story Lines. Cut apart one copy to give to volunteers to read and keep a copy for yourself. Ask students to read lines during appropriate times in the story.

Big Buzz

Peter, Andrew, James and John were fishermen. They had been at the Sea of Galilee, throwing and mending their fishing nets, when Jesus had called out to them and asked them to come and follow Him. So they left their jobs and started to follow Jesus right then and there! They were Jesus' disciples. At this time, Peter was known as Simon.

Jesus' disciples traveled with Him. One day they came to Capernaum, the town where Peter lived with his wife and her mother.

TIP

Read aloud information about Mark, the writer of the book of Mark, on page 216 in *What the Bible Is All About for Kids*.

On Saturday, Jesus went to the synagogue along with most everyone else in Capernaum. (A synagogue was like a church.) In the synagogue, Jesus taught the people about God, reading and explaining the Old Testament to them. **What do you think the people thought as they listened to Jesus?** *Volunteers with Story Lines 1 and 2 read their lines aloud (or repeat them after you).*

True Power

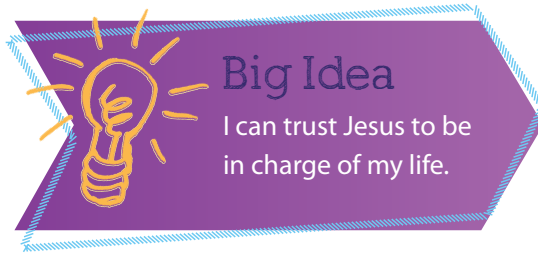
Just about the time Jesus finished speaking, a man began to shout at Him! The shouting man was controlled by an evil spirit—and the words were coming from that spirit. That evil spirit knew EXACTLY who Jesus was! And it was AFRAID! Jesus simply and sternly said to the spirit, “Be quiet! Come out of him!” And of course, the evil spirit DID come out—because even evil spirits have to obey Jesus!

Can you imagine the scene? **Listen as I read Mark 1:27. You’ll hear what the people thought and said after this happened.** *Volunteer with Story Line 3 reads line aloud (or repeats line after you).* This huge roomful of people must have been completely silent as they watched Jesus deal with that evil spirit. Then, when the evil spirit left, the people probably all talked at once! This Jesus, this rabbi friend of Peter’s, was VERY different! When He taught, He acted like He knew what He was talking about! And He wasn’t afraid of a screaming evil spirit. He ordered it to leave, and it OBEYED!

Healing Help

Jesus and His friends went from the synagogue to Peter’s house. At Peter’s house was one person who had stayed home. Peter’s mother-in-law was very ill. *Volunteer with Story Line 4 reads line aloud (or repeats line after you).* She had a terrible fever and was in bed. When Jesus heard that she was ill, He went in to her, took her by the hand and helped her up—and she was completely WELL! She felt so good that she got right to work, gladly helping to feed Jesus and His friends! *Volunteer with Story Line 5 reads line aloud (or repeats line after you).*





In this time before computers or TV or newspapers, everybody was telling everybody else the astonishing things they'd heard and seen that day! By evening, the news had spread all over the area—"There's a rabbi in town who just healed Peter's mother-in-law this afternoon! Do you think He can heal OTHER sick people?!"

Soon people brought all of their sick friends and family members to Jesus. **Volunteer with Story Line 6 reads**

line aloud (or repeats line after you). As it began to get dark, it didn't get quiet! A big crowd gathered outside Peter's house. Everyone who knew someone who needed help had brought those people to see Jesus! And what did Jesus do? He went from person to person, kindly healing the sick ones. **Volunteer with Story Line 7 reads line aloud (or repeats line after you).**

What do you think the people in Capernaum did after they learned about Jesus and saw what He did? Every day, the news spread farther, as traders traveled, as farmers went into different towns and as fishermen unloaded their catch in other villages. This was the BIGGEST news!

TIP

Show Lesson 5 Poster and ask students to tell what they think people in the crowd are saying.



Wrap-Up

Many people in today's Bible story discovered that Jesus was an amazing, wonderful person. Many of them decided to let Him be their leader. They wanted Jesus to be in charge of their lives. We can decide to follow Jesus, too.

Read aloud Psalm 52:8. Show toy police car. When police officers or other leaders ask us to do something, we do it because we know that they want to help us and keep us safe. That's what we need to remember about Jesus, too. Jesus is the perfect leader. We can remember that He has done so many things for us and loves us SO much that we can always trust Him. We can trust Jesus to be in charge of our lives. Talk with interested students about becoming members of God's family (see "Connecting Kids to Jesus" on CD-ROM).

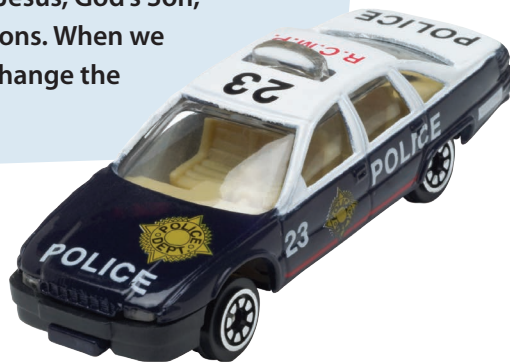
Action Plan

Tell why I can trust Jesus throughout my life.

Connecting Kids to Jesus



The Gospel of Mark tells us about Jesus' actions. We discover the ways in which Jesus acted as a servant, always willing to help others. Jesus, God's Son, changed the world by His actions. When we believe in Jesus, He helps us change the way we live, too!



Get Talking

(25-30 minutes)

Distribute Lesson 5 *Kid Talk Cards*. Invite students to find and circle people in the picture on Side 1 and fill in the blanks to discover an important message: "We can trust Jesus."

- Who needed help in this story?
- What did Jesus do to show that He was a leader people could trust? (Taught about God. Helped people. Healed people.)
- What did the people in Capernaum do or say when they heard about Jesus? (They were excited and brought sick people to Jesus. They spread the news about Jesus.)



Whiteboard Time



On whiteboard, begin a game of Pictionary by drawing something in which kids might put their trust (chair, car seat belt, amusement-park ride, bike, etc.). Continue drawing until someone guesses the correct item. Repeat several times. **When we trust something, we depend on it! Eventually, however, things we trust break or stop working. But Jesus is the opposite. He NEVER stops caring for us and helping us. It's the reason we can trust Him to be in charge of us!**

Students look at Side 2 of *Kid Talk Cards* and read Bible verse together. Invite students to use the code to discover reasons to trust Jesus.

- What do all the phrases on the card have in common? (They describe reasons we can trust Jesus.)
- When has Jesus given you wisdom or courage? When are you glad that Jesus will never stop loving you?
- Point to photo of police car. What are police officers in charge of? What do you trust them to do? Who are some people you know who trust Jesus to be in charge of their lives? What do they do to show that they trust Jesus? (Pastor preaches about following Jesus every week. Uncle gives money to an orphanage. Friend's parents are missionaries and tell others about Jesus.)
- How can you show that Jesus is in charge of your life? (Pray to Him. Obey commands in the Bible.)

Prayer



Invite volunteers to tell prayer requests. Then pray with students about the needs and concerns they mention. Briefly explain to kids that by saying “Amen” at the end of a prayer time, we show that we agree with the prayer.

Art

Assign each student a word or two from Psalm 52:8. Students write the word(s) on a sheet of construction paper and decorate the paper. Once students have completed their section of the verse, take a picture of each student holding his or her paper. Then guide students to display their papers on a classroom wall in verse order. Print out the pictures for the following week and display them with the papers.

Connect: We can trust Jesus, because we know He loves us and has taken care of us in so many ways already. It makes me happy to know that Jesus’ love for us will never, ever, ever, EVER end.

YOU NEED

Bibles, large sheets of construction paper, markers, camera.

TIP

If you have e-mail addresses for the families in your class, send the pictures to parents.



Game

Students form two lines facing each other. Give student at the end of one of the lines a ball. Student bounces the ball to first student in the other line while saying “I.” First student in other line then bounces the ball to the second student in the first line while saying the word “trust.” Students continue bouncing the ball, zigzagging down the lines, saying the rest of the words of Psalm 52:8. Repeat several times, encouraging students to bounce the ball and say the verse faster each time.

YOU NEED

Bibles, ball.

Connect: Psalm 52:8 tells us that God’s love for us is so great that it will never end. Knowing that God loves us that much helps us trust Him.

Get Going



Direct students to look at Side 2 of their *Kid Talk Cards* again. **I can think of so many great reasons to trust Jesus! He loves you and me more than we can imagine! As we listen to this song, think about times you can trust Jesus this week.** Play “Trust Anytime” (track 6 on *Worship CD*), inviting students to listen or sing along. **Let’s look for ways to show that we trust Jesus to be in charge of our lives this week.** Distribute Lesson 5 *Family Fridge Fun* papers as students leave.

